

# FORMACIÓN CONTINUADA EN METABOLISMO Y NUTRICIÓN

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## SUMARIO

### Actualización

**Nutrición enteral con fibra en el paciente crítico. Pros y contras.**  
Abelardo García de Lorenzo y Mateos, Juan Carlos Montejo González.

**Diabetes y nutrición enteral**  
Alejandro Sanz París, Amaya Barragán Angulo, Ramón Albero Gamboa

### Novedades terapéuticas

**Arginina: un "viejo amigo", a debate**  
Daniel A. de Luis Román, Rocío Aller de la Fuente, Olatz Izaola Jáuregui

### Comentarios bibliográficos

**Coordinadores:** Pedro Pablo García Luna, José Luis Pereira Cunill

- Comparison of two systems of measuring energy expenditure
- Effect of enterally administered n-3 polyunsaturated fatty acids in acute pancreatitis - a prospective randomized clinical trial
- Beneficial metabolic effects of regular meal frequency on dietary thermogenesis, insulin sensitivity, and fasting lipid profiles in healthy obese women
- Effects of an ad libitum low-glycemic load diet on cardiovascular disease risk factors in obese young adults

**Coordinadora:** Marcela González Gross

- Flavonoids and the aging brain
- Dietary fats, teas, dairy, and nuts: potential functional foods for weight control?
- Dietary fiber and body weight
- Position of the American Dietetic Association: fat replacers
- Antioxidants may increase the probability of developing allergic diseases and asthma

**Coordinadora:** Julia Álvarez Hernández

- Factors associated with the increase in resting energy expenditure during refeeding in malnourished anorexia nervosa patients
- The metabolic syndrome: Requiescat in pace
- Routine oral nutritional supplementation for stroke patients in hospital (FOOD): a multicentre randomised controlled trial
- Effect of timing and method of enteral tube feeding for dysphagic stroke patients (FOOD): a multicentre randomised controlled trial
- A prospective randomised trial of probiotics in critically ill patients

**Coordinadora:** Tatiana Garrigós Rubio

- A randomized controlled trial of enteral glutamine supplementation in very low weight infants: plasma amino acids concentrations
- Application of dietary fiber in clinical enteral nutrition: a meta-analysis of randomized controlled trials.
- The anti-inflammatory effects of enteral nutrition.
- The effects of immediate enteral feeding with a formula containing high levels of omega-3 fatty acids in patients after surgery for esophageal cancer
- The role of enteral nutrition in the reversal of parenteral nutrition-associated liver dysfunction

### Guías prácticas

#### Recomendaciones y guías de práctica clínica

#### Cartas al director

#### Test de evaluación